

General and Financial Resources

This list is provided for informational purposes only. This is not intended to take the place of professional advice. In an emergency, call 911 or go to your nearest emergency room.

General Resources			
Name	Phone (if applicable)	Website	Description
211	211	Call 211 for Essential Community Services United Way 211	211 is a free, confidential service that will connect you to community resources and agencies for assistance with a variety of needs, including housing, food, healthcare and crisis intervention.
Financial Resources			
CAPTRUST	800-967-9948	Home CAPTRUST at Work	Participant Advisory Services can help with navigating retirement benefits as well as other financial priorities, including budgeting, debt, college savings and credit.
Fidelity Investments	800-642-7131	12262 Fidelity Fillable Flyer V5A R6 w-FillableSpaces 5.1.23 (local4funds.org)	Fidelity's Workplace Financial Consultant can help you plan everyday financial needs including investing in your workplace retirement plan.