

# End the cycle. Break through with Carrum Health.

Access compassionate treatment from top recovery centers to support your path to sobriety—at little to no cost.\*

## Find hope with Carrum Health

At Carrum Health, we understand that struggling with addiction can feel overwhelming and isolating, but you don't have to go through it alone. If you or your covered family member is facing an alcohol or opioid use problem, contact Carrum Health. We'll connect you to one of the country's top recovery centers based on your personal needs.

Your Carrum Health benefit covers compassionate, highly effective treatment through some of the top recovery centers in the country. This may include:

- Detox services
- Residential/inpatient rehab
- Partial hospitalization treatment
- Intensive outpatient treatment
- Outpatient treatment
- Recovery coaching
- Virtual care
- Medication-assisted treatment

Using clinically proven, evidence-based programs, the recovery centers in Carrum Health's substance use disorder network will provide meaningful support and customized treatment to help you reclaim your life.

Whether you're just starting your journey or continuing your recovery, let Carrum Health be your trusted guide, offering completely confidential access to proven treatment methods.



## Your privacy is protected

At Carrum, we prioritize the privacy and confidentiality of our members, especially when it comes to sensitive matters like substance use disorder. We understand the importance of creating a safe and supportive environment for individuals seeking assistance and treatment.

Rest assured that any information shared with us will be handled with the utmost discretion and will not be disclosed to your employer without your explicit consent. Your privacy and well-being are our top priorities, and we are committed to supporting you on your journey to recovery.

## Eligibility

Eligibility for coverage is based on American Society of Addiction Medicine (ASAM) criteria and specific requirements of the individual recovery center. Coverage is not available for court-ordered treatment.

## Ready to get started?

Visit: [my.carrumhealth.com/register](https://my.carrumhealth.com/register)  
Call: 888-729-3511

