

## Veterans Resources

*This list is provided for informational purposes only. This is not intended to take the place of professional advice. Talk with your health care provider about any questions you may have about the information you find on this page. In an emergency, call 911 or go to your nearest emergency room.*

<b>Veterans Resources</b>			
<b>Name</b>	<b>Phone (if applicable)</b>	<b>Website</b>	<b>Description</b>
Veterans Crisis Line	988 (then press 1)	<a href="#">Chat   Veterans Crisis Line</a>	24/7 crisis support for Veterans and their loved ones. You don't have to be enrolled in VA benefits or health care to connect.
Lyra Health	844-926-2482	<a href="#">Lyra Health</a>	Our Employee Assistance Program offers substance use and other mental health support services. You can specify working with someone who is familiar with Veterans' issues.
Forge Health	888-224-7312	<a href="#">Effective Mental Health &amp; Addiction Recovery   Forge Health</a>	In-network for Blue Cross Blue Shield, Forge Health provides substance use and mental health services for active-duty military, veterans, their families, and first responders. Copayments, deductibles, and coinsurance apply.
Nema Health	475-255-6163	<a href="#">Nema Health: Online Trauma Therapy from PTSD Experts</a>	Nema is in-network with Blue Cross Blue Shield of Massachusetts and works with patients aged 18+ who reside in Massachusetts and Connecticut and have PTSD. Copayments, deductibles, and co-insurance apply.
Smokefree.gov		<a href="#">Home   Smokefree Veterans</a>	For assistance with quitting smoking or vaping, Smokefree.gov offers specific resources for veterans

VA.gov	800-698-2411	<a href="#">VA.gov Home   Veterans Affairs</a>	Gateway to access and manage VA benefits and health
VHA LGBTQ+ Health Program		<a href="#">VHA LGBTQ+ Health Program - Patient Care Services</a>	Information for LGBTQ+ veterans
Home Base	617-724-5202	<a href="#">New England Programs   Home Base</a>	Offered by Mass General Hospital, Home Base offers outpatient mental health care to veterans and family members at no cost.