



Equip

Eating disorder treatment that works

Delivered at home

How it works

Evidence-informed treatment

Built on evidence-based modalities including FBT, CBT-E, CBT-AR, and DBT

5-person care team

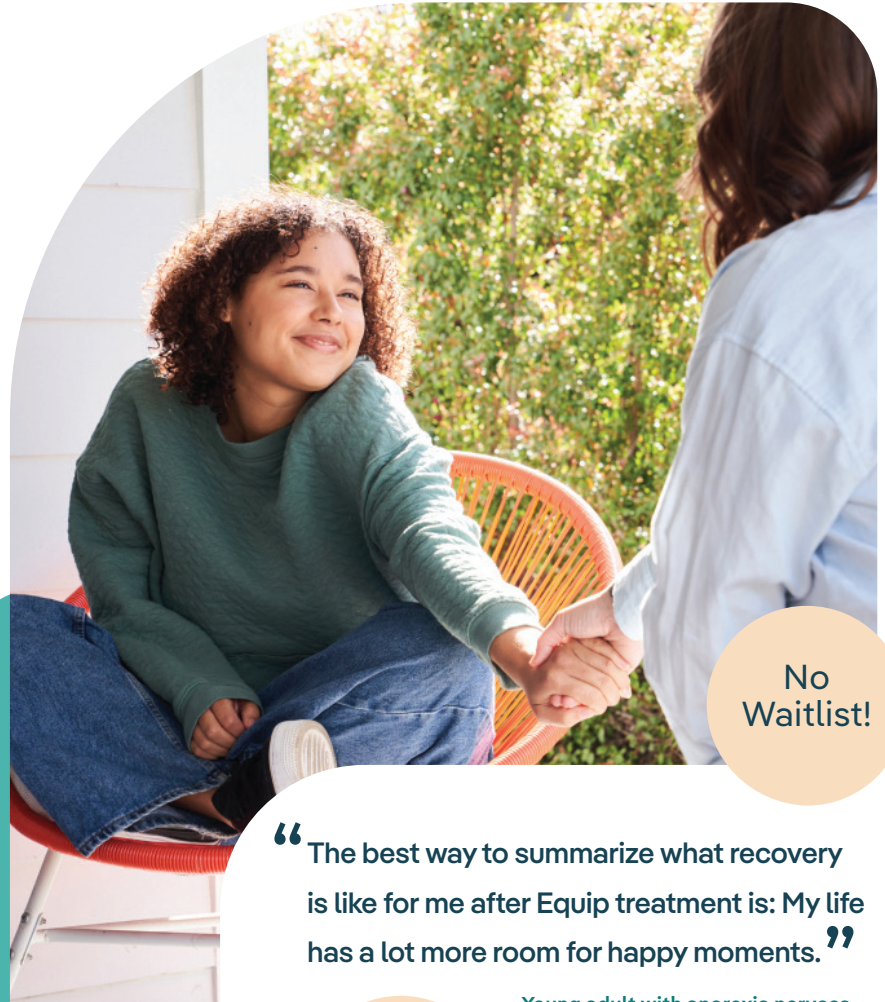
Therapist, dietitian, medical provider, peer mentor, and family mentor

Virtual by design

Fully virtual treatment from wherever is convenient for you

Treatment that adapts

Care that adapts to the patient's needs and empowers them to continue everyday activities and be invested in life.



No
Waitlist!

“The best way to summarize what recovery is like for me after Equip treatment is: My life has a lot more room for happy moments.”

— Young adult with anorexia nervosa

We take
insurance

Equip leads to lasting recovery



2 of 3

patients report
reduction in eating
disorder symptoms*



3/4

patients see
improvements with
depression or anxiety*



90%

of patients are
highly satisfied with
Equip treatment*

*By the 8th week of treatment



Scan the QR code or visit equip.health/our-treatment to learn more!